

**PERITO UROLOGY**  
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**PREOPERATIVE INSTRUCTIONS**

**CHANGE IN HEALTH STATUS**

Notify your surgeon if you experience any significant change in your health status, develop a cold, influenza, a bladder infection, diarrhea, or other infection before your surgery.

**PRE-OPERATIVE INSTRUCTIONS**

Unless specifically instructed otherwise by your surgeon or anesthesiologist, please observe the following guidelines for taking your medicines before surgery:

**One week prior to surgery:**

STOP all aspirin-containing medicines (e.g., Anacin, Excedrin, Pepto Bismol). Check any cold or pain medication bottles to make certain aspirin is not contained. STOP ANY BLOOD THINNING MEDICATIONS SUCH AS WARFARIN/COUMADIN, PLAVIX if ok with your primary physician/cardiologist.

**Two days prior to surgery:**

STOP all non-steroidal anti-inflammatory medications (e.g., etodolac (Lodine), feto protein (Nalfon), ibuprofen (Advil, Notrin, Nuprin), katabolic (Toradol), naproxen (Aleve), meclufenamate (Meclomen), mefenamic acid (Ponstel), naproxen (Anaprox, Naprosyn).

**On the morning of your surgery:**

DO NOT TAKE digitalis medicines (e.g., Crystodigin, Digoxin, Lanoxin).

DO NOT TAKE oral anti diabetes medicines (e.g., chlorpromazine (Diabinese), glyburide (Diabeta, Glynase Micronase), glipizide (Glucotrol). Tolazaamide (Tolinase), Tolbutamide (Orinase).

DO TAKE one-half of your usual morning INSULIN dose. DO NOT TAKE your morning INSULIN dose if you are driving a great distance the morning of surgery or if your surgery is scheduled in the afternoon.

DO TAKE with a small sip of water, ALL your other usual morning doses of regularly prescribed medicines. Use your asthma inhalers and bring them with you to the hospital.

**DIABETIC patients must confirm glucose levels are below 200.**

**PRE-OPERATIVE PREPARATIONS FOR PENILE IMPLANT /SPHINCTER/SLING:**

You will be given a prescription for antibiotics and pain medication. Be sure to start your antibiotics 2 days prior to surgery. Also, 2 days prior to surgery you must start using Hibiclens soap to wash the genital area (over the counter at the drug store). All these precautions are designed to decrease your risk of infection.

## **PREOPERATIVE DIET INSTRUCTIONS**

Unless specifically instructed otherwise by your surgeon or anesthesiologist patients of all ages must observe the following diet restrictions before surgery:

### **Eight hours before the scheduled start of your surgery:**

DO NOT EAT any solid foods including juices with pulp (e.g., orange juice, nectars), Lozenges, candy, chewing gum, and mints. DO NOT DRINK full liquid, such as milk, cream, and jello.

## **ON THE DAY OF SURGERY**

Take your medicines as instructed above. You may brush your teeth; rinse your mouth but avoid swallowing water. Leave all jewelry (including wedding bands and all other rings) and valuables (including money and credit cards) at home. If you wear contact lenses, glasses or hearing aids please bring a case or container and solutions for contacts to protect them while you are in surgery. Wear a minimum amount of make-up and no mascara. Please remove all nail polish from all fingers. Please bring a copy of your current medical problem list from your primary care physician.

The anesthesiologist will discuss with you the anesthetic most appropriate for your medical condition and procedure prior to surgery.

After your surgery, you must be escorted/driven home by a responsible adult. You may take a taxi car or shuttle accompanied by a responsible adult who can stay with you after the driver departs.

## **TIME TO ARRIVE FOR YOUR SURGERY**

During your pre-admission interview, the Registered Nurse will provide you with the correct time to arrive for check-in prior to surgery.

**YOU MUST CALL THE HOSPITAL PREOPERATIVE ASSESMENT DEPARTMENT AT (305) 441-6829 2-3 DAYS PRIOR TO YOUR PROCEDURE FOR PREOPERATIVE ASSESSMENT. IF THIS IS NOT DONE PRIOR TO YOUR SURGERY DATE, YOUR PROCEDURE MAY BE CANCELLED.**