

## Coronavirus 2019 (COVID-19)

## CDC Recommends:

- Everyone can do their part to help us respond to this emerging public health threat:
  - It's currently flu and respiratory disease season and CDC recommends getting a
    flu vaccine, taking everyday preventive actions to help stop the spread of germs,
    and taking flu antivirals if prescribed.
  - Individuals and communities should familiarize themselves
    with recommendations to protect themselves and their communities from getting
    and spreading respiratory illnesses like coronavirus disease 2019.
  - Older people and people with severe chronic conditions should <u>take special</u> <u>precautions</u> because they are at higher risk of developing serious COVID-19 illness.
  - o If you are a healthcare provider, be on the look-out for:
    - People who recently traveled from China or another <u>affected area</u> and who have symptoms associated with COVID-19, and
    - People who have been in close contact with someone with COVID-19 or patients with pneumonia of unknown cause. (Consult the most recent <u>definition for patients under investigation [PUIs]</u>.)
  - o If you are a healthcare provider or a public health responder caring for a COVID-19 patient, please take care of yourself and follow recommended <u>infection control</u> <u>procedures.</u>
  - If you are a close contact of someone with COVID-19 and develop symptoms of COVID-19, call your healthcare provider and tell them about your symptoms and your exposure.
- If you are a resident in a community where there is ongoing spread of COVID-19 and you develop COVID-19 symptoms, call your healthcare provider and tell them about your symptoms.
- For people who are ill with COVID-19, but are not sick enough to be hospitalized, please follow CDC guidance on how to reduce the risk of spreading your illness to others. People who are mildly ill with COVID-19 are able to isolate at home during their illness.
- If you have been in China or another affected area or have been exposed to someone sick with COVID-19 in the last 14 days, you will face <u>some limitations on your movement</u> and activity. Please follow instructions during this time. Your cooperation is integral to the ongoing public health response to try to slow spread of this virus.